

Appendix 3Y

Change of Director's Interest Notice

Information or documents not available now must be given to ASX as soon as available.
Information and documents given to ASX become ASX's property and may be made public.

Introduced 30/9/2001.

Name of entity	TASMAN RESOURCES LTD
ABN	85 009 253 187

We (the entity) give ASX the following information under listing rule 3.19A.2 and as agent for the director for the purposes of section 205G of the Corporations Act.

Name of Director	Mr Douglas Howard Solomon
Date of last notice	23 November 2009

Part 1 - Change of director's relevant interests in securities

In the case of a trust, this includes interests in the trust made available by the responsible entity of the trust

Direct or indirect interest	Direct																					
	Indirect																					
Nature of indirect interest (including registered holder) Note: Provide details of the circumstances giving rise to the relevant interest.	March Bells Pty Ltd (Family Trust) March Bells Pty Ltd atf Douglas H Solomon Superannuation Fund																					
Date of change	31 December 2009																					
No. of securities held prior to change	<table> <tr> <td>Direct</td> <td>300,785</td> <td>Ordinary Shares</td> </tr> <tr> <td></td> <td>63,544</td> <td>31 Dec 2009 Options</td> </tr> <tr> <td></td> <td>60,157</td> <td>30 June 2012 Options</td> </tr> <tr> <td></td> <td>1,000,000</td> <td>20 Nov 2012 Options</td> </tr> <tr> <td>Indirect</td> <td>27,550,715</td> <td>Ordinary Shares</td> </tr> <tr> <td></td> <td>5,803,502</td> <td>31 Dec 2009 Options</td> </tr> <tr> <td></td> <td>5,510,144</td> <td>30 June 2012 Options</td> </tr> </table>	Direct	300,785	Ordinary Shares		63,544	31 Dec 2009 Options		60,157	30 June 2012 Options		1,000,000	20 Nov 2012 Options	Indirect	27,550,715	Ordinary Shares		5,803,502	31 Dec 2009 Options		5,510,144	30 June 2012 Options
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	5,510,144	30 June 2012 Options																				
Class	Options expiring 31/12/2009 exercisable at 20 cents																					
Number acquired	Nil																					
Number disposed	31 Dec 2009 Options Expired																					
Value/Consideration Note: If consideration is non-cash, provide details and estimated valuation	Nil																					
No. of securities held after change	<table> <tr> <td>Direct</td> <td>300,785</td> <td>Ordinary Shares</td> </tr> <tr> <td></td> <td>60,157</td> <td>30 June 2012 Options</td> </tr> <tr> <td></td> <td>1,000,000</td> <td>20 Nov 2012 Options</td> </tr> <tr> <td>Indirect</td> <td>27,550,715</td> <td>Ordinary Shares</td> </tr> <tr> <td></td> <td>5,510,144</td> <td>30 June 2012 Options</td> </tr> </table>	Direct	300,785	Ordinary Shares		60,157	30 June 2012 Options		1,000,000	20 Nov 2012 Options	Indirect	27,550,715	Ordinary Shares		5,510,144	30 June 2012 Options						
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Nature of change Example: on-market trade, off-market trade, exercise of options, issue of securities under dividend reinvestment plan, participation in buy-back	Options expired
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Part 2 – Change of director’s interests in contracts

Detail of contract	
Nature of interest	
Name of registered holder (if issued securities)	
Date of change	
No. and class of securities to which interest related prior to change Note: Details are only required for a contract in relation to which the interest has changed	
Interest acquired	
Interest disposed	
Value/Consideration Note: If consideration is non-cash, provide details and an estimated valuation	
Interest after change	